



New Zealand Charitable Trust CC27410 PO Box 2405, Wakatipu, Queenstown 9349, New Zealand For an up-to-date list of all shop addresses, visit us online

www.orphansaidinternational.org mail@orphansaidinternational.org

0800 ORPHAN 0800 677 426

Lemosho Glades Route - 8 Days Via Barafu:

Uganda / Kilimanjaro Challenge 2019 **Itinerary**

This itinerary is subject to change due to unforeseen circumstances e.g. weather, but is an accurate guide for planning.

DAY 1:

Friday, 27 Sep: 6pm, Arrive Entebbe, dinner and meet the team at Banana village.

DAY 2:

Saturday, 28 Sep: After breakfast we head to Jinja (approx. 125 km), a scenic city close to the source of the Nile. There will be time to explore Jinja and craft shopping, and also swim if you want to! Some local options will be given for this time including simply taking a rest. A chance for our body clocks to get into local time! Stay the night at Jinja.

DAY 3:

Sunday 29 Sep: Options in Jinja include rafting, quadbikes, horse riding, attending a church, or maybe a visit to the Equator? We will have this prearranged as per your preference. Return to Entebbe late afternoon.

DAY 4:

Monday, 30 Sep: Meeting the Imuka team in Entebbe and learning about the Orphans Aid International Family Strengthening Project and meeting families face-to-face.

DAY 5:

Tuesday, 1 Oct: Observing Imuka training in action and time to also look around Entebbe. Some participants may want to help hands-on with the team on this day?

DAY 6:

Wednesday, 2 Oct: Last minute opportunities in Entebbe before flying to Kilimanjaro airport in Tanzania. Arrive Kilimanjaro Airport and we'll transfer you to a Hotel in Moshi where you will have 2 nights in preparation for the start of your climb on Friday.

DAY 7:

Thursday, 3 Oct: Optional rest day or explore Moshi.

DAY 8: CLIMB DAY 1

Friday, 4 Oct: Drive from Moshi to Londorossi Park Gate (*Altitude 2,250m*) – 108km drive, 1.5 hours. From here a forest track requiring a 4WD vehicle leads to Lemosho Glades (*2,000m*) – 11km drive, 45 mins – and a possible campsite. Walk along beautiful forest trails to Mti Mkubwa (big tree) campsite *Altitude: 2,750m – 3 hours walk.*

DAY 9: CLIMB DAY 2

Saturday, 5 Oct: The trail gradually steepens and enters the giant heather moorland zone then crosses the Shira Ridge at about *3,600m* to drop gently down to Shira 1 camp, located by the stream on the Shira Plateau. *Altitude: 3,500m – 5 hours walk.*











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DAY 10: CLIMB DAY 3

Sunday, 6 Oct: A gentle walk across the plateau leads to Shira 2 camp on moorland meadows by a stream.

Altitude: 3,850m - 1.5 hours walk.

A variety of walks are available on the plateau making this an excellent acclimatization day.

DAY 11: CLIMB DAY 4

Monday, 7 Oct: The moorlands soon come to an end and the rocky path leads amongst outcrops to the Lava

Tower where there are good campsites.

Altitude: 4,600m, 5 hours walk. Then continue to Barranco Hut. Altitude: 3,900m, 2 hours walk.

DAY 12: CLIMB DAY 5

Tuesday, 8 Oct: After breakfast we leave Barranco Ridge, walk up the Barranco wall that ends up at the foot of the Heim Glacier. Passing the Barranco wall, we'll walk along to along to Karanga Valley. *Altitude: 4,002m, 4 hours walk.*

DAY 13: CLIMB DAY 6

Wednesday, 9 Oct: Continue to the Barafu Hut. Here we make camp early, rest, enjoy dinner and overnight, as we will get up at around midnight. The two peaks of Mawenzi and Kibo are to be seen from this position. *Altitude: 4,600m, 4 hours walk.*

DAY 14: CLIMB DAY 7 - SUMMIT

Thursday, 10 Oct: Wake up very early, at around midnight, take some light tea with cookies, start trekking to the summit, the Uhuru Peak.

Altitude: 5,895m - 8 hours walk.

Spend some time at the summit; start descending to Barafu Hut for brunch and some rest.

Altitude: 4,600m - 3 hours downhill walk.

Walk down to Mweka Hut for dinner and overnight.

Altitude: 3,100m - 4.5 hours downhill walk.

DAY 15: CLIMB DAY 8

Friday, 11 Oct: After breakfast, walk down the Mweka Montane forest to reach the Mweka Gate around lunchtime.

Altitude: 1,660m, 4 hours walk.

Board the already waiting vehicle and drive back to Hotel in Moshi – 15km drive, 45 mins.

DAY 16:

Saturday, 12 Oct: Departing day. You will be provided with the transfer to Kilimanjaro International Airport.

Congratulations - we did it!





